

Community News



Italian Bakery Celebrates 65 Years of Tradition, Taste, and Community

The story of Edmonton's iconic Italian Bakery begins with a young Italian couple giving away bread door to door.

Antonio and Aurora Frattin had recently immigrated from Italy in 1956, shortly after their wedding, and upon doing so quickly noticed that there were no Italian pastry and bread spots in Edmonton. In order to entice customers, they hopped in their small Volkswagen van, giving free bread door to door, then selling their product on the street to those who had come to love what they had tasted. Eventually, this led Antonio and Aurora to open a small bakery out of their home on 93 Street in 1960, and so the Italian Bakery was officially born. Their mantra from the very start was simple: "fresh daily". This stuck with their bakery for 65 years, and remains the core of their business.

Two years after opening that first shop, the couple moved their home and shop to 97 Street in 1962, and they lived above

their shop for many decades there. In 1989, the business opened its second location, here in Beverly, taking over their current space, which had previously been a theatre with a small deli beside. The bakery in Beverly started small, with the theatre space rented out to a thrift store, but eventually the bakery expanded and took over the whole building.

The business remained in the family, as all five of Antonio and Aurora's children became involved in various capacities. Gibby, Liliana, Romeo, Renato, Rosaly, and their eventual spouses supported the business in a number of ways, with their son Renato now serving as the lead. His own son, Nicholas, is also helping run the bakery, making it a family business now spread over three generations. Throughout the years, and the generations, the heart of the Italian Bakery has remained the same: food is art, fresh and quality ingredients are critical, and everything is baked with love.

In more recent years, both the Beverly and 97 Street locations suffered devastating fires. The first in Beverly happened in 2016, but the team rallied and reopened in 2017. By this time in their mid-80s and still living above their bakery on 97 Street, Antonio and Aurora became trapped when that site burned in 2020, and they had to be rescued by firefighters in a narrow escape. In 2017, the business also welcomed a satellite site in St. Albert, called "Mercato by Italian Bakery". In 2024, another satellite site opened in the southwest of Edmonton, called "Tesoro by Italian Bakery". This name was chosen by Renato because "tesoro" means "treasure" in Italian, and Antonio had always called Aurora "my treasure". Aurora passed away in early 2022, and Antonio later that year.

Now, in 2025, the Italian Bakery is celebrating 65 years since the newly immigrated Italian couple first opened that small bakery on 93 Street.

See "Italian Bakery" page 4

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The Community News

Summer/Fall 2025 Edition

The 9,000 copies of Community News are printed and circulated to the five neighborhoods within Beverly (Abbottsfield, Beacon Heights, Bergman, Beverly Heights & Rundle Heights) as well as Montrose & Newton Communities.

If you know anyone who has not received a newspaper please have them call 780.413-6244 or drop by the Beverly Business Association Office and pick up a copy.

This newspaper is a not for profit enterprise for the benefit of all residents & businesses. No one receives any compensation for time spent in producing this newspaper.
We are all volunteers!

We depend on the Advertisers and Community Partners to pay for the production and delivery of this paper. The Partners are the Beverly Business Association, Beverly Farmers' Market, Beverly Candora Society and the Olde Towne Beverly Historical Society. These four Associations feel it is important to communicate with all residents within our community. We are so very thankful to the advertisers, for without them we could not produce this newspaper. Their display Ads appear throughout this paper.
Please support them as they are strong supporters of our many community initiatives!

If you have any questions, concerns, suggestions or have any ideas for a community interest story, please send us a note to Community News, PO Box 20202, RPO Beverly, Edmonton Alberta T5W 5E6 or email us at info@beverlyfarmersmarket.ca

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George And Lil Lelkes: A Lifetime Commitment to Community

George and Lil Lelkes moved into Beverly in February of 1969. Married on July 1 of 1961, they had been renting a home in the former town of Jasper Place, but started to look eastward after a friend said they were building a home in Beverly. The Rundle Heights neighborhood was in rapid development at the time, the old Beverly Landfill was transforming into Rundle Park, and new schools were being built, meaning George and Lil could step into a beautiful new community for their family.

George was working as an apprentice plumber, making \$2.75 per hour at the time, and his “down payment” for their home was to do all of the plumbing for it. The house cost \$17,600. For the first few months, they were the nearest house to Rundle Park before new homes sprouted up all around them. George and Lil still live in this house, and are the only original owners left on their block.

At the time that they moved in, the couple had four of their eventual five kids, the youngest being 6 months old at the time. Their oldest was in Grade 2 then, and for the first year St. Jerome School was not yet complete, so they had to borrow rides from their neighbor until it was finished in the fall of 1969. Their youngest is currently 54 years old, and St. Jerome School is now torn down, with a new school being developed on the site.

Later in 1969, George came home from work one day to find Archie Ewaskew, at the time the President of the Beverly Heights Community League, sitting in his living room. Archie told George “I need a coach”, and in 1970 George would begin serving the community as a soccer coach.

Meanwhile, in 1971, the couple attended the inaugural Beverly Heights Variety Show. “We laughed so hard, then we started volunteering” says Lil. The couple would go on to volunteer at the show for decades, George serving drinks and food with Lil selling tokens for drinks. Lil is still volunteering at the show, and has done so every year since 1972, now spanning 54 years of service to the event.

George would continue on coaching the community soccer teams for 8 or 9 years. He also coached hockey, which was more of his passion. “Soccer I coached longer, but hockey I got involved with everything”, says George. He coached hockey for 7 or 8 years, serving numerous teams over the years. He also took care of the ice, with help from his sons that he also coached. At the time, all of this was a sig-



nificant undertaking. “Those days, 24-28 teams were in Beverly,” says George. “We had three rinks and it wasn’t enough. It was unbelievable”.

Many nights, this meant George had to rush home from his day job to get to coaching. “You don’t even eat”, he says. “You just pick up the kids and go.” This often meant driving around loading 8 or more kids into his station wagon to get to games or practices. Running the rink, most nights were a late endeavor as the older guys in their 20s would want ice time after getting home from their own jobs. George did his best to give that ice time, but, with a laugh, he recalls that “9:30 I had to chase them out because the next day I had to work!” George was always out with the old tractor, clearing the ice or the parking lot, and if he was out of town for work, it was his kids who were out doing the work. At times, the couple would spend down to their last dollar to make sure the teams had orange slices at half time. Despite this busy season of serving the kids of the community, George remembers it all fondly. “I’d never change nothing”, he says.

As time went on, the Lelkes couple continued to serve their community where needed. This meant many bingos and casinos, and various coaching roles for both boys and girls teams. Lil ran the concession while George was running the rink. In all of the various roles, they quickly point to the contributions of others, pointing to Tom Cross as “an awesome man”, Pat Moffitt as “she coached every place you ever see”, Ray Loga as “a very very good good fella”, and Cornel Rusnak as “a great person”, all in the words of George. The

community thrived in those decades due to the selfless contributions of many, and the tight knit comradery of the group and commitment to putting the community first made it excel. “A lot of people stuck together”, says Lil. “A lot of great people.”

Over the years, George and Lil have touched many in Beverly, including countless kids that George coached and countless community members and dear friends that they served with. This includes some athletes that went on to have professional careers in soccer, hockey, and even football.

Just four years ago, a man came and visited their house. Large and hulking in stature, George was unsure at first. The man then introduced himself as Brian Ford, former NHL goaltender for the Quebec Nordiques and Pittsburgh Penguins. Brian won the AHL’s inaugural Aldege “Baz” Bastien Memorial Award presented to the league’s best goaltender in 1984. He thanked George for his firm yet kind coaching style, telling George how it helped him progress into a professional, and highlighted how George had instilled core attributes in him including hard work, discipline, and the ability to listen. George says he still at times hears his name when out at the grocery store or elsewhere, and ends up in conversation with people he coached decades ago.

The impact that George and Lil Lelkes have had on Beverly and its people is immeasurable. From volunteering at the Variety Show to coaching soccer and hockey, their humble and selfless service is a shining example. Many have benefited from the volunteering hearts of this special couple, and Beverly is a much better place because George answered that original call from Archie to get up and coach. And, all these years later, the thing that has remained the most constant is not their steadfast devotion to the community, but rather the steadfast manner in which George turns to look at Lil, gives a small smile, and joyfully says: “I have a very good partner to help me”.



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To celebrate, the bakery held a big celebration on June 14 of this year, and it was a massive hit for a community that has come to love its local Italian bakery. “Wow is all I can say, it was an eye opener”, said Nicholas Frattin. “Rain didn’t stop them; everybody was so thankful”. Over 1000 people attended, despite the dreary weather, to the extent that the bakery sold 300 dozen crusty buns, specially priced at 50 cents per dozen for the event, in just 45 minutes! The event featured food, giveaways, face painting, a giant cake, an on-location radio station, and numerous in-store specials.

The bakery continues to be a considerable operation as it shifts to year 66 and beyond. From their Beverly shop, you can pick up countless sorts of delicious bread, pastries, buns, cookies, and cakes, all made fresh daily. You can treat yourself to a specialty coffee, gelato, and numerous tasty treats. You can stock up on dozens of types of cheeses, meats, or get a custom sandwich made with your favourites. You can order all sorts of platters, custom cakes, or get your event catered. You can swing by with the kids for a free donut on Saturdays and Sundays. You can buy imported Italian as well as local Canadian ingredients to make your own supper planning extra fresh and delicious. Out of the back door, the bakery delivers bread extensively throughout the greater Edmonton area, including to shops across the city and most of the small towns near Edmonton, an operation that requires bakers to be working around the clock.

It is clear that the bakery has a special place in the community and that the original family feel persists all these years later. "The Italian Bakery is essential to Beverly's identity", said a customer. "If you think Beverly, you think the Italian Bakery. Our community loves them and they love their community. Going in you feel like you're part of their family". Nicholas attests to how this legacy of family has extended beyond his grandparents to every employee 65 years later: "we are a family;

the people are happy to be here because it's like working with family". The bakery is special, a pillar in the Beverly community and an essential piece of what makes that small town, tight-knit feel of Beverly persist to the present. Here's to another 65 years of the Italian Bakery!

Visit the bakery in Beverly at 4118 118 Avenue from 7am to 8pm on Mondays through Saturdays and from 10am to 5pm on Sundays, and see for yourself why Beverly's Italian Bakery is such a special space. You can also follow them on Facebook at facebook.com/italianbakeryedm, on Instagram at [@italianbakery](https://www.instagram.com/italianbakery), or visit their website at italianbakeryedm.com.



*Italian Bakery celebrates
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New Senior Living Space Coming to Beverly

A substantial senior living development is underway in the Beverly Heights neighborhood. A special ground-breaking event took place on Wednesday, July 16, which saw Assisted Living and Social Services Minister Jason Nixon, mayor Amarjeet Sohi, City Councillor Ashley Salvador, and MLA Peggy Wright all putting the first shovels in the ground to kick off construction of the project. Construction is now underway at the site that many may remember as the location of the old Christian school at 115 Avenue and 36 Street, which has been a vacant lot for a number of years since. It is being built and managed by Park Place Seniors Living, which began as a family-owned business and has now been operating for over 31 years. This will be their 42nd property, including developments around Alberta as well as Ontario and British Columbia. This building is a rebuild of their Hardisty Care Centre, which has 172 residents that will move to the new building upon completion. The new senior living space will see a total of 264 long term care beds, with 194 funded by Alberta Health Services, and another 70 non-funded. The building will ultimately rise to be a four-story tall concrete residence with underground parking, with construction being done by Bird Construc-

tion. The project has a 28-month development timeframe. It will be state-of-the-art upon completion, following all of the most current Alberta Health Services standards. Among such standards are special protocols to protect seniors from outbreaks that can threaten their health. This includes a specific design in which wings of the building can act as separated “households” of 14 beds each, while a “neighborhood” within the building is comprised of two households, all of which can help contain and protect seniors from illnesses such as COVID-19. Also special to the project is programming that will be offered out of the space, such as an adult day program with rec activities and lunch included, allowing seniors to connect with one another and stay healthy. Kathy Nduwayo, Vice President of Operations for Park Place, spoke to the importance of this. “Loneliness is a big issue and we want to conquer that”, she said, highlighting the potential for the project to provide a new opportunity for seniors to feel connected. Another feature of the project will be a large multipurpose room that will be available to the community for rent for the purpose of holding community events, a commitment from Park Place to integrate into

the neighborhood it is entering. In the same way, Kathy highlighted the opportunities for employment that the project will provide for Beverly’s residents. “Employment will be available to those that live in the area” she said, including “financial stability for people to work in the area they live in”. This includes roles “from supportive services all the way to care staff” to come. The senior care complex is a major project for the Beverly community, and a significant commitment to increase sorely needed services for seniors in our area. The project is underway, and shovels are officially in the ground, and it will be exciting for the community to watch the building transform from renderings to reality in the months to follow. If you have questions about the project, you can email knduwayo@ppsl.com or call 604-928-0158.

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THE OLDE TOWNE BEVERLY HISTORICAL SOCIETY

beverly-history.ca

Gus Bergman: From Childhood Tragedy to Beverly’s First Mayor



Of the five neighborhoods that make up the Olde Towne of Beverly today, the newest is Bergman. Beverly’s northernmost neighborhood, the area was zoned and developed in the late 1970s in the midst of the economic boom and a demand for housing at the time. This would amount to a community of 183 single family dwellings and eight duplexes. The name of the community was chosen to be “Bergman”, an homage to the man who served as the Olde Towne of Beverly’s first ever mayor.

Gustave C. Bergman did not originate in the Edmonton area, or in Canada at all. He was born in Paxton, Illinois on October 22, 1872, but raised in Lucas County, Iowa. Tragedy and struggle were to come for him in his early years, as his mother was killed when he was just seven years old after her carriage was struck by a train. His father was unable to take care of him, leaving Gus alone and forced to work from a very young age.

Though he had no formal education, he audited classes at Drake University in 1892, which led to a role with the Keystone View Company selling 3D photographic viewers. This sales job led him to travel all over, even as far as Europe and Canada, and it was the Alberta area that he would come to fall in love with.

Gus rafted the Red Deer River in 1902, coming to what is now Erskine in Central Alberta, and there he laid claim to land, something he could not do back in Iowa as a poor young man. Alberta was not yet a province, but a boom would come shortly, and Gus watched the path of the Grant Trunk Pacific railway line which arrived in Edmonton, and so he headed north to buy land there.

He settled in Beverly after 1912, buying 36 lots in Block 23 of the Beacon Heights subdivision on March 11, 1913. He began building a house, which still stands, at 12014 48 Street. This house was state-of-the-art, with a pump for the well right in the kitchen, and one of the first concrete basements.

Beverly became a town on July 13 of 1914, and Gus chose to run in its first ever mayoral election, which took place on August 3. He would win, with 64 votes. Behind him were Thomas Dando with 55 votes and Robert Hay with 32 votes. He was sworn in on August 7, and held the first ever Beverly town council meeting on August 10. In that meeting they discussed, as per the Beverly Advertiser, “restraining animals at large”. One councillor also proposed for a cemetery, a park, and a market to be built.

As Beverly’s first mayor, Gustave Bergman helped establish the town’s fire brigade and police force. On December 14, 1914, five months into his term, council voted that he should receive a salary of \$25 per month.

Gus ran for a second term in December of 1915, but was defeated by Robert Hay by a vote of 108 to 59. He would stay in Beverly until 1917, after which he moved back to the farm at Erskine. Gus had six children with his wife Hildur, named Bonita, Sybil, Meredith, Dolores, John, and Earl. Bonita would pass as a teenager after her appendix burst while playing basketball.

Gus returned to Beverly when it amalgamated with the City of Edmonton, attending the ceremony on January 5, 1962, now at the age of 89. At the ceremony, Gus remarked that he was “perhaps the oldest man in the house – and the happiest”. He passed a few months later.

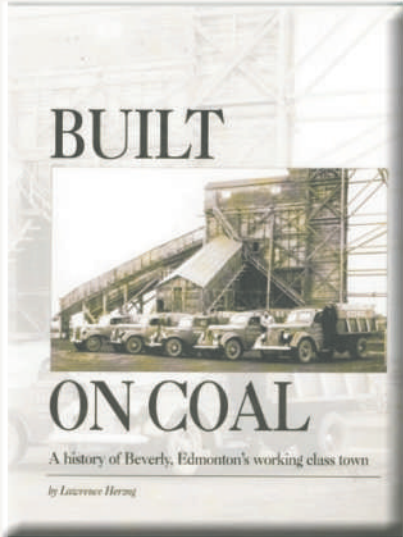
In 1987, the honour was made official when Beverly’s newest and northernmost neighborhood was named in his honour, a tribute to the important role Gus played in the earliest days of the Olde Towne of Beverly.

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*The Old Town Beverly
Historical Society
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Beverly Farmers' Market

Canada Day at the Beverly Farmers' Market

This summer, Canada Day fell on a Tuesday. This is, of course, the day of the week for the Beverly Farmers' Market, which pops up each Tuesday in the west parking lot of the Riverview Crossing Shopping Centre.

This provided the perfect opportunity for the market to lean into the festivities and create an extra special Tuesday market.

The Beverly Farmers' Market's Canada Day Celebration market was just that – a special celebration with numerous activities for

the whole family. Delicious cake from the Italian Bakery was served. A face painter brought joy to the kids. A bounce castle was packed throughout. Special draw prizes were donated by the market and the Beverly Business Association. Games and live music brought even more life to the whole event.

Around 2000 people attended the Canada Day Celebration market, making it a huge way that the community came together to celebrate the holiday and be together in community.



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Beverly Farmers' Market

Beverly's Summer Meeting Place

While the Beverly Farmers' Market ran indoors throughout this past winter, there was an excitement in the air nonetheless when May rolled around, warm weather returned, and the market made its way from inside back to the outdoors.

It was a different feel, as the market ran inside the Riverview Crossing Shopping Centre on May 6 and then outside in its parking lot the very next week on May 13. Nonetheless, there is always something undeniably special about outdoor market season, and both customers and vendors were happy to be back outdoors in the open air.

Right from that first outdoor week, the market was packed to the brim with all sorts of special vendors. From fresh delicious vegetables to every sort of mouthwatering baking to numerous delicious ethnic cuisines to the many craft and jewelry options, the market had a little bit of something for everyone. Customers could grab tasty fudge, refreshing lemonade, yummy salsa, local honey, and various gluten free options, or take home Jamaican, Thai, Chinese, Ukrainian, or Irish meals and baking, or treat themselves or a loved one to jewelry, crocheting, handmade clothing, or even a bottle of local vodka and wine. All of the products are special, and countless hours have been dedicated by each of the vendors to provide homemade, to provide fresh, to provide high quality, and to provide local.

Also special is the market itself, which has truly come to be Beverly's meeting place in the summer months. Tables, chairs, and umbrellas welcome customers to sit and stay a while, giving the opportunity to visit with neighbours and friends. Kids' games including giant Jenga and Connect Four sit out for kids to have fun and fall in



love with the market themselves. Live music each week provides an ambiance for the whole of it.

Many customers come because they love the opportunity to have the best of both of those worlds. They can browse the various items for sale, visit with vendors, and load up bags with all of their favourite veggies, fruit, and baking. Then, they can settle down in a chair, enjoy the music and the fresh air, and have a chat with a friend over a lemonade or green onion cake. Many customers come for both the products and the atmosphere, and it is the combination that truly makes the Beverly' Farmers Market so special.

Visit the market every Tuesday from 3-7pm in the west parking lot of the Riverview Crossing Shopping Centre. The final outdoor market will be October 7. Stay tuned for information about the market moving indoors for the winter after that!

You can follow the Beverly Farmers' Market on Facebook at facebook.com/beverlytownefarmersmarket or on Instagram at [@beverlymarketyeg](https://instagram.com/beverlymarketyeg)





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2025 Summer Farmers' Market Vendor List

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Riverbend Gardens: Field Vegetables
AIG Produce: BC Fruit
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Simone's Garden: Bedding Plants & Perennials

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Safari Crafts: African Clothing
Shayna's Craft Effect: Various Arts And Craft Items
All The Pretty Things: Healing Products, Jewelry And Gemstones
This & That Crochet: Crocheted Stuffed Toys, Dream Catchers, Cloths, Clothing
Celtic Crafts: Irish/Scottish Themed Crafts
Deseria's Crafts: Jewelry, Paintings
It's For The Birds: Unique Birdhouses From Reclaimed Products
Borealis Chaga/Norwex: Chaga Nuggets, Powder & Tea Blends / Microfibre Cleaning Products
Phyl's Plus Size: Clothing And On-Site Sewing
L Payne Art: Painted Rocks, Canvas, Coasters
Beading By Elese: Indigenous Crafts, Beading, Ribbon Skirts & Shirts
Beaded Treasures: Necklaces, Bracelets, & Earrings
Jewelry/Suncatchers By Charolette: Suncatchers & Crystals
Alijay Creations: 3D Printed Fidget & Sensory Items; Gaming Accessories & Unique Home Decor
Funky Fun Socks: Socks Colors & Patterns In All
Local Artists (Sage Conway)
& Author Nashwa Thomas-Reid: Sales Of Their Creations

BAKING & TREATS

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Dovgan's Homemade Bread Baking: Freshly Baked Ukrainian Breads, Cheese & Cinnamon Bread
Celtic Cravings: Irish Bread & Baking (Cakes, Pastry, Scones)
Odd Mums Gluten Free: Gluten Free Baking & Products
Burnt Bunny Baking: Pretzel Breads, Cookies

BEVERAGES

- Half Corked Winery:** Local Merlot And Chardonnay Wines Blended As A Sangria
Tea Boutique: Loose Tea & Ready To Drink Iced Coffees And Iced Teas
White Lightning Distillery Inc.: Vodka, Gin & Whisky Products; Alcohol Storage Boxes
Helium Brew: Kombucha And Homemade Vegan Pizza
Borealis Chaga Tea: Mushroom Nuggets & Powder Tea Blends

PREPARED FOODS

- Amazing Asian Dumplings:** Chinese, Dumplings, Green Onion Cakes
Auntie Bev's Meals: Locally Made Healthy Frozen Meals
Fudgalicious: Various Flavors Of Fudge, Fudge Pops, Brownies
Karen's Kitchen Salsa & Manjunk: Salsa, Yoga Wear For Men
Krazy Kanucks: Various Types Of Jerky
Lil Hippy: Pickles And Canned Items
MGV Honey: Locally Raised Honey
Sunset After Dark: Jamaican Meat Patties, Soups, Marinades
Thai Sab Food: Thai Curries, Soups, Stir Fry, Fresh Chilled Thai Food
Catch Of The Week: Fish & Seafood
Tasty Treats Frozen Ukrainian Food: Perohy, Holubchy, Perushke, Pompushke Borscht

FOOD TRUCKS & CONCESSIONS

- Canadian Kettle Corn:** Fresh Kettle Corn Popped On Site, Cotton Candy, Mini Donuts
Hot Hot Grill: Green Onion Cakes, Smokies & Sausages, Peameal Bacon Burgers
The Lemon Drop: Various Lemonade Flavours



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@THECANDORASOCIETY

Get Connected!

Find a list of our current program and volunteer opportunities by scanning the QR code.



The CANDORA Society of Edmonton has officially opened its doors to a new employment program – accessible by appointment or drop-in from Monday to Friday through the CANDORA Community & Employment Resource Centre on the second floor of Riverview Crossing (#262, 3210- 118Ave).

With a goal of reducing barriers to wrap-around employment supports in Northeast Edmonton, this free program offers a variety of ways to participate:

- Drop-In Job Lab with computer and internet access
- Workshops for personal development and job readiness
- Jobs Club for guided job searches with a career counsellor

- Job Ready Program for direct employment attachment
- Pathways Program for workforce development

If you or someone you know could benefit from this program, please go to www.candora.ca to learn more and contact us! The Province of Alberta is working in partnership with the Government of Canada to provide employment support programs and services.

CANDORA

Preschool

FREE for kids ages 3– 6 years old!
**Must be potty trained.*

LOCATIONS:

The Abbottsfield Recreation Centre
3006- 119 Avenue

TIMES (Tues-Thurs):

MORNINGS 9AM- 11:30AM	AFTERNOONS 1PM- 3:30PM
--------------------------	---------------------------

Starting September 9th, 2025

HEALTHY SNACKS!

REGULAR FIELD TRIPS!

FUN ACTIVITIES!

To register, please email:
reception@candorasociety.com
OR fill out the form online:
bit.ly/candorapreschool

Community Seniors Circle Is In Full Swing

CANDORA’s new seniors’ program is now being offered every Monday morning at The Abbottsfield Recreation Centre (3006- 119Ave) starting at 10AM. This is a free, drop-in program FOR seniors BY seniors - every week is a different activity thanks to community involvement. *The Community Seniors Circle project is funded by the Government of Canada’s New Horizons for Seniors Program*



Keep in touch by following us on social media, stopping by our office, or giving us a call:

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Get Connected!

Find a list of our current program and volunteer opportunities by scanning the QR code.



Auntie Bev's Summer BBQ Raffle Ends September 21st

If you haven't tried it yet, do yourself a favour and grab a Bev's BBQ Bundle for your next backyard barbecue. From the burgers to the mac & cheese to the baked bean medley, each dish is the perfect complement to your summer memories – everything is ready to go, waiting for you to light the grill. Plus, every purchase enters you into a raffle to win a portable charcoal grill and FREE BBQ Bundle to break it in!

Bev's Burger sales support CANDORA and its community by providing free programs, events, and supports. Order your bundles online at www.auntiebevs.ca or pick up in-person at the Beverly Towne Farmers Market every Tuesday at Riverview Crossing (3210- 118Ave) from 3PM-7PM. Find us on social media @auntiebevsyeg for all the latest updates and market days.

Hurry – burger sales end September 21st!

BEV'S BBQ BUNDLE!

6 Homemade Burgers (3x Flavours)
2 sides of Bacon Mac & Cheese
2 sides of Baked Bean Medley

\$42-\$44

BY PURCHASING OUR COMBO, YOU CAN PARTICIPATE IN THE MAGNIFICENT RAFFLE OF A PORTABLE CHARCOAL GRILL WITH A BEV'S BBQ BUNDLE!

@auntiebevsyeg

www.auntiebevs.ca

2025 CANDORA Fall Programming Sneak Peek:

Parented Programs	Preschool	Adult Programs	Youth Programs
Family Playdate, Baby & Me, Crawlers & Cruisers, and Stay & Play	Tuesday-Thursday for kids 3-6 years old. Offered from 9:30am - 11:30am OR 1:30pm - 3:30pm out of our ARC location (3006 - 119 Ave.) Apply at: www.candora.ca	English learning programs, digital literacy, Empower U, Women's Fitness, Neurodivergent Coffee Chat, Circle of Security, Wellness Compass, and Health for Two	STEAM Afterschool Program, Creative Reading & Writing, STEM and Girl Empowerment

* Please note these programs may be offered out of various locations and are subject to change. Check our events calendar at www.candora.ca or social media @thecandorasociety for the latest information.

Your Contribution Makes a Difference

CANDORA is always looking for ways to improve and implement new programming based on the needs of the community – and we need your help to do this. Whether it's \$1, \$10, \$50, or more, your donation to The CANDORA Society of Edmonton makes an impact and provides individuals and families the resources they need to break out of social isolation. From program improvements to emergency food supplies to bigger and better community events, your contribution means a healthy and thriving neighbourhood. Please consider donating to CANDORA and watch your donation actively grow our capacities.

Tax receipts are available for donations of \$10 or more. Monetary donations can be made online via bit.ly/donatetocandora or via cheque or cash dropped off to our offices at #262, 3210- 118Ave. THANK YOU!



First Annual Arc Fall Festival Fundraiser Market

Fall Market at the Rec Centre Join us for a cozy celebration of local creativity and community spirit!

Vendor Tables: \$25 All proceeds go directly to the Rec Centre to support facility costs.

What to Expect:

- Unique creations from local artisans and vendors
- Warm beverages and delicious seasonal treats
- FREE food available exclusively at the concession
- Family-friendly activities including a Pumpkin Carving Contest
- Exciting Door Prizes and Raffle Box

Questions or Comments? Reach out to Ashley or Erin at Arcmarkets@outlook.com

October 26, 2025

11-3pm

3006 119 Ave Nw

See you there!



From Pain to Power

Murray, a retired teacher from Calgary, had been struggling with the painful effects of Peripheral Neuropathy for quite some time.

“My feet were having weird sensations, constant pain, my balance was off, and the bottoms of my feet were hot and sore,” he described.

Peripheral Neuropathy is a condition that causes pain, numbness, and discomfort due to nerve damage in the peripheral nervous system.

After an EMG test last summer, Murray was diagnosed with moderate to severe neuropathy. “What can I do?” he thought. As someone who had always lived life passionately, he grew increasingly frustrated and less motivated by the day due to the pain.

Murray experienced all the typical symptoms of neuropathy: burning, tingling, numbness, and sharp pain in his feet.

He knew he needed to take action, as the pain was starting to make him withdraw from his usual activities.

Unfortunately, Murray’s story is all too familiar for Canadians living with Peripheral Neuropathy. For many, the pain is so intense that even simple tasks like walking, shopping, or getting a good night's sleep can become difficult.

Things began to change for Murray when he read an article about Dr. Melanie Morrill Dr. Ac, an acupuncturist in Edmonton who is helping patients with Peripheral Neuropathy without invasive surgeries or medications.

“Well, I’m in Calgary and they are in Edmonton. This is too good to be true,” Murray thought. “I wonder if they can help me?” Murray got in touch with the clinic and booked his initial consultation.

Dr. Melanie Morrill Dr. Ac, has been using acupuncture and technology originally developed by NASA to help improve blood flow and speed up healing.

This unique, non-invasive approach has been providing relief for Murray and others living with the pain and discomfort caused by neuropathy.

Murray’s wife, Marilyn, remembers how difficult it was to do simple things before he began his acupuncture treatments.

“Before, Murray and I had to walk about seven blocks. His posture was bent over, and he had to rely on trees, handrails, benches, and walls for support the whole way,” she said. Then, after starting treatment, the couple attended a function that required a long walk. Marilyn was amazed to see Murray walk the entire distance without stopping.

After just a couple of treatments, Murray started to notice a difference. “I have my life back,” he says now.

“My feet don’t hurt anymore, and my balance has improved so much.” He continued, “I started acupuncture treatments on my feet, and the balance issue changed. I could feel it, and I started to stand up straighter and walk much better.”



For Murray, despite the long drive from Calgary to Edmonton, the journey was more than worth it. Today, he is living pain-free and enjoying life again.

The relief he now feels makes every mile travelled well worth it. Murray is back to doing the things he loves. **“I have a pep in my step that I didn’t have before,” he said, feeling more energized than he had in years.**

Dr. Melanie Morrill Dr. Ac, has been helping seniors for over seven years, focusing on chronic complex pain, especially those that have been deemed “hopeless and untreatable.”

For seniors in Edmonton and the surrounding areas, relief from Peripheral Neuropathy is now more accessible than ever. If pain has kept you from enjoying life, it is time to call Dr. Melanie Morrill Dr. Ac, and her team at Accessible Acupuncture.

It’s time to let your golden years be GOLDEN!

Accessible Acupuncture is currently accepting new patients, and 10 new patients will be accepted monthly.

Call 587-879-7122 to schedule your consultation now.

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AccessibleAcupuncture.ca

Pancake Breakfast Draws Community Together

The Beverly Business Association hosted its annual Pancake Breakfast again this July, taking place on a sunny Wednesday, July 23.

The event began as a Klondike Days kickoff breakfast, and has since evolved to be perhaps the area’s largest single event, drawing over 1000 people each year. This year, Beverly and beyond once again came out and spent time together celebrating community, with maybe the largest crowd the annual event has seen yet!

Free breakfast was of course integral to the event, with tasty pancakes, sausages, donuts, coffee, juice, and more served to the public by our local City Councilor, MP, MLA, and numerous of Beverly’s businesses. The event is the culmination of the contributions of a number of local businesses, who generously donated both time and items to make the event come together.

Also part of the event was live music, firetruck tours, a vintage police car tour, a balloon artist/juggling entertainer, lawn games, and community booths. The Olde Towne Beverly Historical Society also hosted its annual Silent Auction on site



at the Breakfast, which raised important money toward their work preserving and telling stories of the rich history of Beverly.

It was a special morning of connecting with friends, family, and neighbours, as the five neighborhoods of Beverly and beyond came together to enjoy a meal and celebrate our wonderful corner of the city.

The Beverly Business Association will host the event again in 2026.



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Old Beverly Café Hosts Friday Night Markets

Since it opened in 2018, the Old Beverly Café has been a staple in our community.

Well-loved for its delicious food, its infamous high tea, and its cozy atmosphere, the café is a special space that adds heaps of character to Beverly’s food scene.

Along the way since it first opened, the café has expanded from one bay to two, has introduced countless new menu items, has built a cozy front patio, and more recently has introduced delicious funnel cakes. The Benti family, owners of the café, are always innovating and seeking ways to bring something new and special to Beverly. In this light, this summer they debuted the Night Market, something never done before.

The Old Beverly Café’s Night

Markets have taken place this summer on select Friday nights. They include a beer and wine menu, live music on the patio, and host local small businesses to sell specialty products including vintage clothing, jewelry, baking, plants, snacks, and more. The ambiance of the Night Market has been something special, creating the perfect setting to sip a craft beer on the patio under the cadence of live local music after shopping the mix of creative vendors.

Owner Joseph Benti speaks to how the Night Market has offered unique opportunities for the local community. The heart of the event, he says, is both to give “a platform for small businesses to come and gain exposure” as well as “to give people things to do” on a Friday night. The vendor space during the Night Market is special and showcases truly unique creators in our community. To have a space to go sip a craft beer on a patio on a Friday night in our own community is special.

The event has shown the potential that comes with the café’s street patio. “We wouldn’t be able to have the Night Markets without the patio”, Joseph said. “Live music, events as a whole wouldn’t be possible without it. The events we had, the patio was full, people said it felt like a home, and the live



music on the patio creates that ambiance in the evening”. Beautifully and artistically designed, the patio has cleverly used a few parking spaces to open the door for the café to be active in more creative ways in the future to create more for people to do in their own community.

You’re invited to join the final Night Market of the summer,

taking place at the café on Friday, August 29 from 6-8:30pm. There’s nothing quite like a Friday night on a patio with a beer in hand and live music in the background, and you’re invited to experience it for yourself right here in Beverly.

You can visit the café at 3908 118 Avenue, or follow along with them on Instagram at @oldbeverlycafe_.



What’s Going on in Beverly and Rundle Heights?

Everyone is welcome at **Community League Day** where we will celebrate our 60th anniversary in proper 1960s style!

Get your 2025/26 League Membership, sign up for activities, enjoy the BBQ, plus a whole lot more!

When: **September 20, 2025 from 1:00–5:00PM**

Where: Beverly Heights Hall and Family Centre **4209-111 AVE NW**

2025/2026 Youth and Adult programming

Soccer u5–u17 upcoming indoor season opens this October.

Kids 4+ hiphop: \$65 for 26 classes; Mondays starting Oct. 27

Yoga: \$195 for 39 classes

Sourdough classes: Sept 26, 27, or 28 morning or afternoon

Sunday Night Magic (the Gathering): Sundays 6:30PM

Board and Card Game Night: Sundays 6:30PM; starting in October

Beverly Gardening Group: 1st Wednesday of Every Month 7:00PM

Beverly Active Seniors’ Society ages 55+: Monday games 1:30 – 3:30PM (resumes Sept 15th); Thursday fitness 10:30 – 11:30 (resumes Sept 11th)

Get your holiday shopping done at

Beverly Heights 31st Annual Craft and Gift Show

This year, we have a full weekend planned with 30+ vendors, door prizes, lunch concession, and raffle!

November 15, 10:00AM – 4:00PM

November 16, 11:00AM – 3:00PM

2026 Beverly Heights Variety Show

Our recruitment wine&cheese is coming up this December. We are currently looking for a writer/director. Watch our socials and website for more details



Hall Rentals: email rentals.bhcl@gmail.com

Join our eNewsletter mailing list
@beverlyheights.ca/newsletters

Find us on Facebook at <https://www.facebook.com/groups/beverlyheights>





New Grill & Wrap Serving Delicious Mix of Flavours

When Grill & Wrap opened on June 13 of this year, it was the realization of a hard earned dream.

Owner Tony has been a cook for 29 years, and has always wanted to open his own restaurant. “It’s every chef’s dream”, he says.

He attempted to open a restaurant back home in Lebanon on two different occasions. In both cases, his restaurant was shut down quickly due to revolutions in the country. The second time, he did not even get a chance to close up the shop before fleeing.

After coming to Canada in 2010, Tony got to know and work with Yousif, and saw that he was a hard worker with a similar vision. He asked Yousif if he would partner to open a restaurant, and the two went for it. They searched and came across their location at 3345 118 Avenue here in Beverly. “We just found the right place”, says Tony.

The two sought to bring together a mix of food from home as well as local Canadian

classics, which brought them to their restaurant’s tagline: “flavours from east and west”. Grill & Wrap serves a fusion of both, with eastern influences such as Lebanese shawarma as well as western classics including burgers, subs, chicken fingers, fries, and more. They also serve desserts, including tiramisu and cheesecake. Their menu is expansive and includes something for everyone.

The heart of their business, above all, is that the product speaks for itself. “We really care about the quality of the food”, says Tony. “We get top quality ingredients”. This includes buying whole meat that they slice and marinate in store, whereas many others buy pre-sliced, pre-marinated meat and sacrifice quality. All of their meat is also halal. Everything is homemade in store, including the delicious desserts. The difference is immediately apparent when you visit Grill & Wrap, as each menu item is exploding with extra care and extra flavour that draws one

to make sure they return to try the next tasty option on the menu.

Grill & Wrap is open from 11am-9pm on Mondays through Saturdays at 3345 118 Avenue. Visit yourself and taste the quality throughout their menu, while soaking up the culmination of a lot of hard work and a well-earned dream come true.



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Back-to-School Means Back-to-Safety: Let’s Look Out for Our Students

The summer is flying by, and with the first school bell of the year ringing soon, our streets and sidewalks will once again be full of young faces.

Some are walking with friends, some are waiting for the bus, and some are pedaling furiously to make it to class on time. Their energy is contagious — but so is their unpredictability.

As drivers, parents, and community members, we have a responsibility to protect them. That means adjusting our habits now that school is back in session.

Slow Down in School Zones

School zone speed limits aren’t just a suggestion. They exist because children can appear suddenly — stepping out from between parked cars, chasing a friend, or hurrying to beat the bell. Even a few extra kilometres per hour can mean the difference between a close call and a tragedy.

Stop for Buses — No Exceptions

When a school bus’s red lights flash and its stop arm extends, the law is crystal clear: traffic in both directions must stop. This isn’t a moment to rush or guess. Children may be crossing from all sides of the bus, and they often expect that traffic has stopped completely. Passing a stopped bus

not only risks a hefty fine — it risks a child’s life.

Ditch the Distractions

A ringing phone, a quick glance at a text, fumbling with your coffee — any of these can rob you of the seconds you need to react to a child running into the street. Driving in back-to-school season requires full attention. If something can’t wait until you’re safely parked, it’s not worth the risk.

Parents, Start at Home

Safety starts long before your child leaves the driveway. Go over the rules:

- Use sidewalks and crosswalks.
- Make eye contact with drivers before stepping into the street.
- Wear a properly fitted helmet when cycling.
- Wait for the bus in a safe spot, away from traffic. These simple habits, reinforced at home, can help your child navigate the school commute safely and confidently.

Plan Ahead, Drive with Care


Morning and afternoon traffic will be heavier for the next ten months. If school zones are part of your commute, give yourself extra travel time so you’re not tempted to speed. Patience isn’t just courteous — it’s lifesaving.

Back-to-school season should be a time for excitement, not emergencies.



Every student we see on the sidewalk or at a crosswalk is someone’s whole world. By slowing down, staying alert, and following the rules, we can make sure that excitement lasts all year long — and that every child makes it to school and back home safely.

Because in the end, there’s nothing more important than that.



Peggy Wright

MLA FOR EDMONTON-BEVERLY-CLAREVIEW

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DECLARATION OF ACCEPTANCE OF LAND PATENT

FIRST DATE OF POSTING: July 24, 2025

CROWN GRANT MADE PATENT FIAT # 54603, listed in LIBER 94, FOLIO 115, and issued on the TENTH day of APRIL, in the Year of Our Lord ONE THOUSAND EIGHT HUNDRED AND NINETY-FOUR, by the UNDER-SECRETARY of STATE and the DEPUTY of the MINISTER of the INTERIOR, of the DOMINION of CANADA.

KNOW ALL YE MEN AND WOMEN BY THESE PRESENTS.

1. That, I, Valerie-Elaine: Antoski, do hereby certify and declare that I am an "Assignee" in the LAND PATENT named and numbered above; that I do bring up said Land Patent in my name as it pertains to the land described below. The character of said land so claimed by the patent, and legally described and referenced under Crown Grant made patent fiat # 54603 is:

All and Singular that certain parcel or tract of land premises, situate, lying and being in the Settlement of Edmonton, in the Provisional District of Alberta, in the North West Territories in Our Dominion of Canada and being composed of Lots numbers Thirty-six, Thirty-eight, and Forty in the said Settlement as shown upon a map or plan of survey of the said Settlement, approved and confirmed at Ottawa the 25th May 1883 by Andrew Russell for the Surveyor General of Dominion Lands and of record in the Department of the Interior. Specifically within the above [Plan 296KS; Block 22; Lot 14; RL-40-53-24-W4; LINC# 0021 147 699] (0.14 acres).


2. No claim is made herein that I have been assigned the entire tract of land described in the original patent. My assignment is inclusive only of the above mentioned description. The filing of this DECLARATION OF ACCEPTANCE OF LAND PATENT shall not deny or infringe upon any right, or privilege or Immunity of any other Heir or Assigns to any other portion of land covered in the above described Crown Grant Made Patent fiat number 54603.

3. If this duly certified LAND PATENT is not challenged by a lawfully qualified party, having lawful claim, lien, debt, or other equitable interest, in a court of law, within thirty (30) days from the date of the posting of this NOTICE, then the LAND PATENT for the above described property shall be considered henceforth perfected in my name, Valerie-Elaine: Antoski, and all future claims against this land shall be forever waived.

4. I, Valerie-Elaine: Antoski do swear and state that the above is true, or believed by me, to be true and correct, to the best of my ability and knowledge.

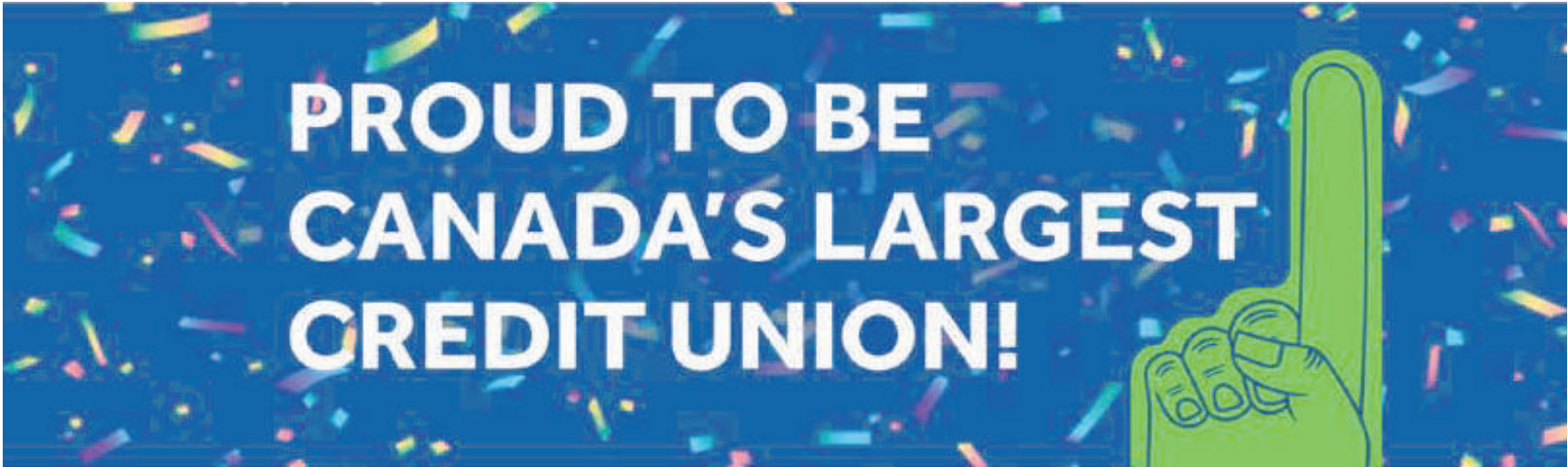
Attestation:

I, the undersigned, bear witness this 11th day of July in the year of our Lord, two thousand and twenty five that the one known to me as Valerie-Elaine: Antoski did appear before me and, upon her solemn Affirmation, acknowledges that she signed this Declaration of Assignee's Acceptance of the Crown Grant made patent fiat number 54603 as her free and voluntary act.

Notary: 

OLUMIDE O. AJAYI
A Commissioner for Oaths and a Notary Public in and for Alberta being a Student-at-Law.

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C F C X G M E N V O C P O V O O A B G M
S K A R L P Q C Y L O E N L G L R A E E
G V R Z H A H A R Q Z Y A P W F A R W R
V G R S B D G K K C Q A D L A C G B R S
N A I P Q D B E U Q G O E A L O E E I M
J D A R D L L B G A F B S Y K U S C V A
G L G A O E O R R W A N T G S R A U E R
A A E Y O B C E E D F C A R V S L E R K
R C R P G O K A E K L S N O L E E S V E
D A I A B A P K N Z O B D U V B S G A T
E M D R T T A F T V W W S N J N Y V L V
N P E K G S R A R T E X W D J D H M L A
I F S W G F T S E T R R A S B X J X E C
N I L O P D I T E O S X N A L B O T Y C
G R D Y M X E L S J D S O C C E R D S P
A E X S E G S I S Z Y M B A S E B A L L
P S J F R I S B E E G O L F F E Q I Y U

- Pancake Breakfast

Farmers Market

Carriage Rides

Lemonade Stands

Block Parties

River Valley

Frisbee Golf

Playgrounds

Paddle Boats

Garage Sales

Spray Park
- Green Trees

Golf Course

Barbecues

Baseball

Dog Walks

Flowers

Trails

Soccer

Gardening

Campfires

WORD SCRAMBLE

Can You Unscramble These Local Restaurant Names?

- ATNIALI AYBKRE

TYHSAWISCN

DLO EBREVYL AEFC

OONM CEAF

GYAN NMGI FTEBUF

SINOKDWIYSW

A AHY IM HED

AAPPSP AUSNETATTR

IMILOLN TIHA

YJA ESBE
-

Answer Key

5. Yang Ming Buffet

4. Moon Cafe

3. Old Beverly Cafe

2. Stawrichys

1. Italian Bakery
10. Jay Bees

9. Million Thai

8. Pappas Restaurant

7. A Yah Mi Deh

6. Widynowskis



WELCOME TO SWIMMING IS A FREE PROGRAM FOR ANYONE WANTING TO LEARN ABOUT THE SWIMMING POOL ENVIRONMENT.

This program provides a full tour of the swimming pool, a **FREE** Swim Assessment (optional) and includes important water safety education and FREE admission to the pool after the tour.

Registration is not required for the advertised dates, you can simply check in at the facility's front desk during the program times.

Your first visit includes a tour of the swimming pool and amenities (including the waterslide, hot tub, etc.), a lifejacket fitting, a free swim assessment, and more! After the tour you are welcome to stay and enjoy a free public swim.

Mill Woods Recreation Centre

7207 28 Avenue NW
Summer Saturdays: July 19 & August 16, 2 to 4 pm
Fall Saturdays: September 20, October 18, December 20, 2 to 4 pm

The Meadows Community Recreation Centre

2704 17 Street NW
Summer Fridays: July 25 & August 22, 6 to 8 pm
Fall Fridays: September 19, October 24, November 28, 6 to 8 pm

Clareview Community Recreation Centre

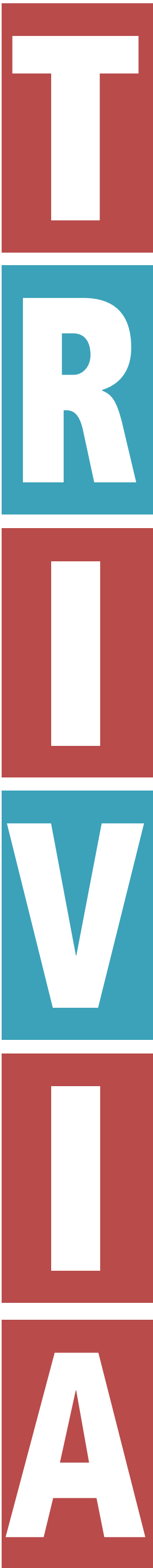
3804 139 Avenue NW
Summer Sundays: July 6 & August 3, 2 to 4 pm
Fall Sundays: September 7, October 5, November 2, December 7, 2 to 4 pm

Note: Translators are welcome. Please feel free to bring a translator for this activity. Translators will also be provided a free admission to assist you throughout the introduction to the swimming pool.

Scan the QR code to review all of our aquatic centre rules and guidelines [here](#).



For more information or to book a group tour, contact Jennifer Bowman at jennifer.bowman@edmonton.ca or 780-508-9082.



TRIVIA CHALLENGE

1. Name the Denture Centre on 71 Street with the perfect 5 star review record on Google

- a. Holyk's
- b. Ivor Dent's
- c. June's
- d. Ernest's

2. What day is the Beacon Heights Community League's Community Rocks event?

- a. November 6
- b. November 22
- c. September 6
- d. May 19

3. What does the Beverly Heights Community League host on Sunday nights?

- a. Orienteering
- b. Magic the Gathering
- c. Hockey
- d. Apple Picking

4. Which of the following is a vendor at the Beverly Farmers' Market?

- a. Vivian's Salsa
- b. Emily's 3D Printing
- c. Auntie Bev's Frozen Meals
- d. Ned Matthews Art

5. Which rap duo released the local hit song "Beverly Boy" in 2018?

- a. Young Vibe
- b. Brothers Grim
- c. OneShot
- d. T-Money

6. What was 114 Avenue once called?

- a. Edward Avenue
- b. Race Avenue
- c. Knox Avenue
- d. Olde Towne Road

7. Which Beverly business sells vintage and modern pop-culture collectibles?

- a. East Edmonton Collectibles
- b. Keco Collectibles
- c. Luke & Leia Collectibles
- d. Old Beverly Collectibles

8. Which of the following is a current school in Beverly?

- a. Victoria School
- b. East Edmonton Christian School
- c. Emily Murphy School
- d. Ivor Dent School

9. Which Beverly business features Edmonton's largest buffet?

- a. Stawnichy's
- b. Lesick Restaurant
- c. East Edmonton Eatery
- d. Yang Ming

10. In 1950, Canada's most modern _____ came to Beverly

- a. School
- b. Drive-Thru
- c. Arcade
- d. Daycare

Answers:
1A, 2C, 3B, 4C, 5B, 6C, 7B, 8D, 9D, 10A

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ON THE AVENUE

NEWS FROM THE BEVERLY BUSINESS ASSOCIATION

2025 SUMMER EDITION



THANK YOU!

As summer comes to a close, we want to say a big THANK YOU to everyone who supported and attended our summer events, and for all the work done by Beverly’s businesses, agencies, and partners to make so many great events happen in Beverly over the summer months! Thank you for supporting our golf tournament, pancake breakfast, Beverly cleanup, Community Gatherings, the Beverly Farmers’ Market, and more!

UPCOMING:



Beverly Farmers’ Market

Outdoor Dates: May 13-October 7, 2025

Location: Riverview Crossing Shopping Centre west parking lot

Time: 3-7pm each Tuesday

Stay tuned for indoor winter information!



Beverly Community Gathering

Date: Wednesday, September 3

Location: 45 Street & 118 Avenue

Time: 5-7:30pm



Remembrance Day Ceremony

Date: Tuesday, November 11

Location: Beverly Memorial Cenotaph (4001 118 Avenue)

Time: Church service at 9:30am, Cenotaph ceremony at 10:50am



Beverly Dining Week

Date: November 21-30

Location: Restaurants across Beverly



BE IN THE KNOW.

SIGN UP FOR OUR NEWSLETTER!

Stay up to date on the latest news in Beverly’s business community by subscribing to our newsletter! Visit mybeverly.ca to sign up.

TELL US WHY YOU LOVE BEVERLY

In 150 words or less please answer the following:

- I love Beverly because...
- My favorite Beverly business is...
- My favorite Beverly restaurant is...

Send to:
beverlybrz@telus.net
or
Beverly Business Association
P.O. Box 20202, RPO Beverly
Edmonton, AB
T5W 5E6



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